

You can contact the myasthenia nurse specialist (Caroline Carmichael) on **0141 232 4022** if you have any queries.

Please consider the following website for further information [www.myaware.org](http://www.myaware.org) and holds more information for professionals [http://www.staffnet.ggc.scot.nhs.uk/Acute/Regional%20Neurology\\_Myasthenia%20Gravis\\_MMG\\_210109.aspx](http://www.staffnet.ggc.scot.nhs.uk/Acute/Regional%20Neurology_Myasthenia%20Gravis_MMG_210109.aspx) or through Ianaarkshire website <http://firstport2/staff-support/neurology/default.aspx>

The following link can be accessed through the GGC website [www.neurology-in-ggc.scot.nhs.uk](http://www.neurology-in-ggc.scot.nhs.uk) and holds more information for professionals [http://www.staffnet.ggc.scot.nhs.uk/Acute/Regional%20Neurology\\_Myasthenia%20Gravis\\_MMG\\_210109.aspx](http://www.staffnet.ggc.scot.nhs.uk/Acute/Regional%20Neurology_Myasthenia%20Gravis_MMG_210109.aspx) or through Ianaarkshire website <http://firstport2/staff-support/neurology/default.aspx>

# MEDICALERT



My name is

I have **Myasthenia Gravis**.

This is a condition that causes muscle weakness. It can affect any muscle in the body including swallowing muscles and respiratory muscles.

I take the following medications:

**Pyridostimine (Mestinon)**

**Prednisolone (Steroids)**

**Immunosuppression**

Please do not alter the dose of my drugs above before contacting the Myasthenia team.

I require all my medication to be given to me always at the same time.

I cannot take **Gentamicin**

I cannot take **Telithromycin**

My myasthenia gravis can get worse with some antibiotics, painkillers, muscle relaxants, sleeping tablets and sudden changes in steroid doses.

Please check with the myasthenia team before prescribing new drugs for me.